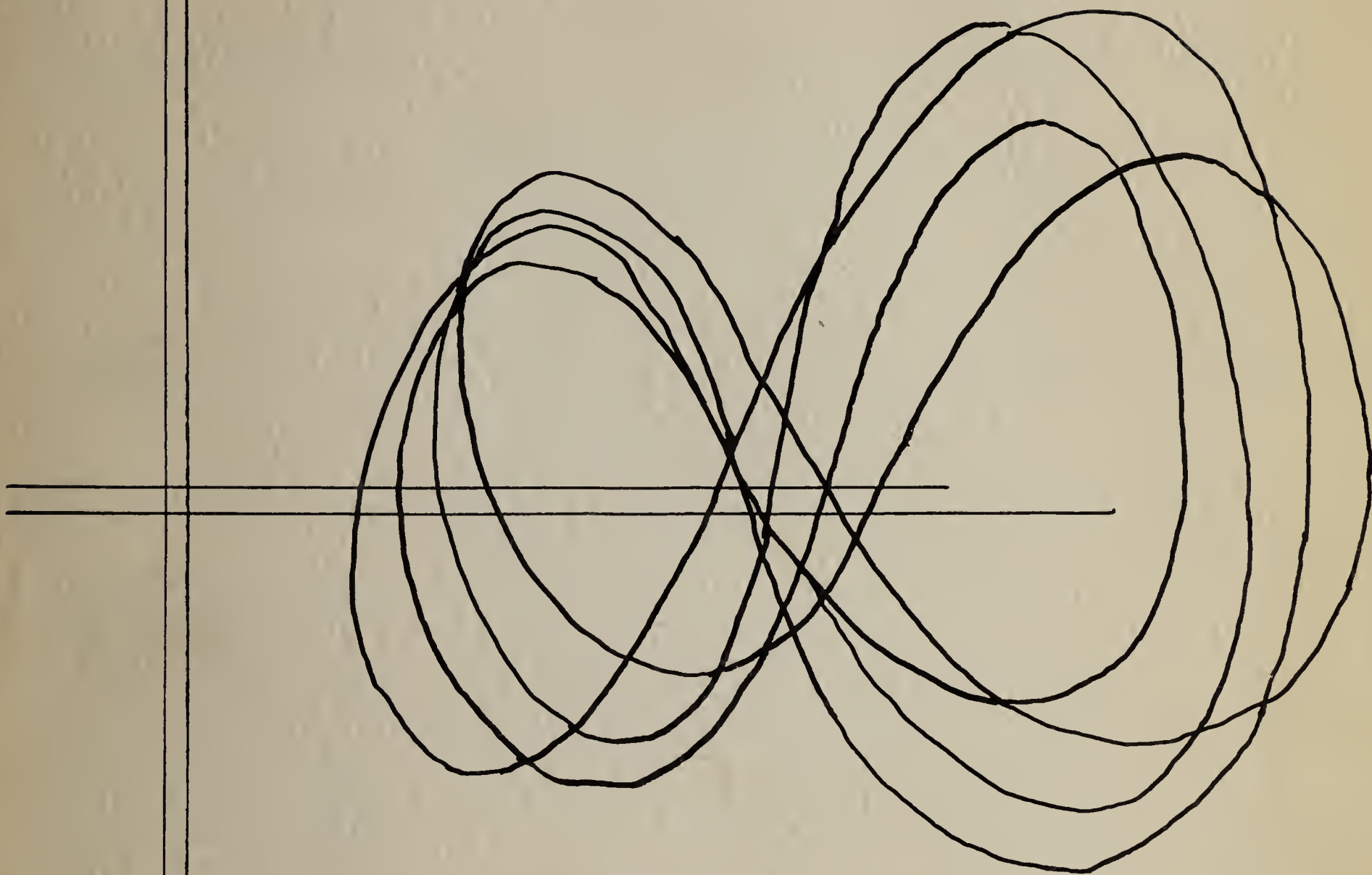


A KEY TO  
INDEPENDENT LIVING  
OPERATION INDEPENDENCE



HV1791  
K520

A PROGRAM OF  
HUMAN RESOURCES CORPORATION  
INDEPENDENCE, MISSOURI





The Human Resources Corporation  
An Equal Opportunity Employer  
3205 Woodland Street  
Kansas City, Missouri 64109

Independence & N.E. Jackson County Area  
136 East Maple  
Independence, Missouri 64050

Operation Independence  
Task Force on Problems of Aged Blind and  
Visually Handicapped

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Errol Warren, MARC  
Kay McArthur, R.L.D.S. Service to the Blind  
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Dexter Harvey, Lions Club  
James Turgeon, DHEW/Aoa  
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A GUIDEBOOK FOR BLIND AND VISUALLY  
HANDICAPPED OLDER PERSONS IN THE  
INDEPENDENCE AND NORTHEAST JACKSON  
COUNTY AREA.

Prepared under a grant to the Human  
Resources Corporation, Independence,  
Missouri, from the American Foundation  
For The Blind, New York, New York, and  
NVOILA, National Council on Aging, Inc.,  
Washington, D.C.

by

Task Force  
Operation Independence

Chester E. Stovall  
Executive Director  
Human Resources Corp.

Martha B. Williams  
Project Director  
Operation Independence  
Independence, Missouri

This booklet does not list every eligible service. We have focused on available services in the Independence and Eastern Jackson County areas. We have tried to make it as representative as possible, recognizing the limited time of other agency project volunteers.

# T A B L E O F C O N T E N T S

## EMERGENCY SERVICES

Hospitals.....	1
Medical Services.....	2
Ambulance.....	4
Blood.....	4
Poison.....	4
Dog Bite - Rat Bite.....	5
Emotional or Mental Problems.....	5

## OTHER HEALTH PROBLEMS

Dental Care.....	6
Need a Chiropractor, Call.....	6
Hearing Problems.....	7
Home Health Care.....	7
Need Glasses.....	8
Help For The Handicapped.....	8
Arthritis.....	9
Diabetes.....	9
Cancer.....	10

## PERSONAL NEEDS AND PROBLEMS

Want to End a Drinking Problem.....	10
Narcotics or Drugs Problem.....	11
Counseling.....	11
Need a Special Diet.....	12
Nursing Homes.....	12
Mobility Aids.....	14
Educational Services.....	17
Employment.....	21
Financial Assistance.....	21
Housing.....	23
Information on Aging.....	24
Legal Help.....	25
Recreation.....	26
Transportation.....	28
Personal Directory.....	32

## HOW TO USE THIS BOOKLET

This project is designed as an aid to independent living for the blind and visually handicapped residing in Independence, Missouri, and Eastern Jackson County. However, some services included were not to be found in Independence, therefore some entries are located outside Independence, Missouri.

The main advice we give to those needing a service listed here is --

Please call the service and ask:

- 1) What information and papers are needed to obtain service
- 2) Who has to go to the address (or do they send people to the home)
- 3) Get time of appointment or agency hours
- 4) How long before service will be started?

If you need additional information, please call HUMAN RESOURCES - 254-3478.



## EMERGENCY SERVICES

### HOSPITALS

Independence Sanitarium and Hospital  
1509 West Truman Road  
Independence, Missouri  
836-8100

Medical Center of Independence  
23rd Street and R.D. Mize Road  
Independence, Missouri  
373-2300

Jackson County Hospital  
Little Blue and Lee's Summit Roads  
Independence, Missouri  
373-4415

K.U. Medical Center  
39th & Rainbow  
Kansas City, Kansas  
588-5000

Kansas City General Hospital  
24th & Cherry  
Kansas City, Missouri  
421-8060

## MEDICAL SERVICES

To find phone numbers of medical doctors in the yellow pages, first see Physicians and Surgeons, then see specialty needed. (i.e. ophthalmologist). For optometrist and optician see those headings in yellow pages.

An Ophthalmologist (M.D.) is a graduate medical doctor who has 3 additional years residency in ophthalmology. He or she can prescribe medicines and do surgery. He or she can diagnosis and treat pathological conditions of the eye.

An Optometrist (O.D.) has completed a 4 year graduate school program, receiving a Doctor of Optometry degree. He or she prescribes glasses, contact lens or low vision aids after examining patients' eyes for pathological and refractive disorders. An optometrist refers pathological disorders to the appropriate medical specialist.

An Optician fabricates and dispenses eye glasses prescribed by the ophthalmologist or optometrist.

Jackson County Medical Society  
3036 Gillham  
Kansas City, Missouri  
531-8432

Jackson County Osteopathic Association  
Scarrit Building  
818 Grand Avenue  
Kansas City, Missouri  
221-2422

K.U. Medical Center  
Eye Clinic  
39th & Rainbow  
Kansas City, Kansas  
588-6600

Independence Health Department  
210 South Main  
Independence, Missouri  
836-8300, Ext. 393

Jackson County Health Department  
313 South Liberty  
Independence, Missouri  
881-4424

## AMBULANCE

A-Independence Ambulance Company  
252-0880

Gold-Cross Ambulance Company  
836-4357

Safe-Wing Flying Ambulance Service (Air)  
257-2354

MediCab (equipped for wheel chairs)  
381-2242

IF A FAMILY MEMBER NEEDS BLOOD OR IF  
YOU WISH TO DONATE BLOOD ... CALL:

Red Cross  
252-5450

Kansas City Community Blood Center  
753-4040

## POISON

Overdose of Medicine  
Childrens Mercy Hospital (for adults also)  
471-0626



## DOG\_BITE\_-\_RAT\_BITE

Animal Control Center (Independence)  
796-5920

After 5:00 p.m., Holidays & Weekends  
836-2174

## EMOTIONAL\_OR\_MENTAL\_PROBLEMS

Northeast Jackson County Mental Health Ctr.  
1505 West Truman Road  
Independence, Missouri  
254-3652

Satellite Center  
Woods Chapel & Hwy. 40  
Chapel Hill Presbyterian Church  
229-1187

Southeastern Jackson County Mental Health Ctr  
7205 Longview Road  
524-7300

Suicide Prevention  
471-3939 or 471-3940

## OTHER HEALTH PROBLEMS

### DENTAL CARE

Jackson County Hospital  
Little Blue & Lee's Summit Roads  
Independence, Missouri  
373-4415

University of Missouri - Kansas City  
School of Dentistry  
650 East 25th Street  
Kansas City, Missouri  
221-3500, Ext. 366

Greater Kansas City Dental Society  
17 West Gregory Blvd.  
Kansas City, Missouri  
333-5454

### NEED A CHIROPRACTOR, CALL:

Cleveland Chiropractic College  
3724 Troost  
Kansas City, Missouri  
561-3800

## HEARING PROBLEMS?

Greater Kansas City Hearing and Speech Ctr.  
Jackson County Hospital  
Independence, Missouri  
373-4415

## HOME HEALTH CARE

Independence Home Health Agency  
210 South Main  
Independence, Missouri  
836-8300, Ext. 393

Visiting Nurse Association  
Jackson County Hospital Branch Office  
373-2550

Salvation Army, Booth Senior  
Homemaker - Home Health Aides  
532 South Main  
Independence, Missouri  
252-3200

Catholic Family and Community Services  
527 West 39th Street  
Kansas City, Missouri  
756-2350

## NEED\_GLASSES?

Kansas City General Hospital  
24th & Cherry  
Kansas City, Missouri  
421-8060

Lions Optometric Clinic, Inc.  
928 Linwood  
Kansas City, Missouri  
561-3080

## HELP\_FOR\_THE\_HANDICAPPED

Kansas City General Hospital  
24th & Cherry  
Kansas City, Missouri  
421-8060

Rehabilitation Institute  
3011 Baltimore  
Kansas City, Missouri  
531-3171

Vocational Rehabilitation  
420 South Main  
Independence, Missouri  
254-2750



Missouri Bureau for the Blind (State)  
615 East 13th Street  
Kansas City, Missouri  
274-6677

Crippled Children's and Adult Easter  
7240 Wornall Road Seal Society  
Kansas City, Missouri  
333-3232

Program for the Blind  
753-4600, Ext. 359

### ARTHRITIS

Arthritis Foundation  
2727 Main Street, Suite 201  
Kansas City, Missouri  
221-5383

### DIABETES

Diabetes Association of Greater K.C.  
241 Plaza Time Building  
411 Nichols Road  
363-2816

## CANCER

American Cancer Society  
3515 Broadway  
Kansas City, Missouri  
753-6424

## PERSONAL NEEDS AND PROBLEMS

### WANT TO END A DRINKING PROBLEM?

Alcoholic Anonymous  
11010 Winner Road  
Independence, Missouri  
461-9683

Jackson County Hospital  
A.S.A.P. Unit  
Lee's Summit and Little Blue Roads  
Independence, Missouri  
373-4415

Northeast Jackson County Mental Health Ctr.  
1505 West Truman Road  
Independence, Missouri  
254-3652

## NARCOTICS OR DRUGS PROBLEM?

Drug Information Center  
6155 Oak, Suite D  
Kansas City, Missouri  
444-6242

Western Missouri Mental Health Center  
Drug Treatment and Analysis Anonymous  
600 West 22nd Street  
Kansas City, Missouri  
471-3000

## COUNSELING

Human Rescue and Telephone Reassurance  
(24 hour service, free)  
931-0030

Northeast Jackson County Mental Health Ctr.  
1505 West Truman Road  
Independence, Missouri  
254-3652

Family and Childrens Services of Eastern J.C.  
1205 South Osage  
Independence, Missouri  
254-4343

## NEED\_A\_SPECIAL\_DIET?

Jackson County Hospital  
373-4415

University of Missouri Extension Center  
524-0707

Meals on Wheels  
409 North Liberty  
Independence, Missouri  
254-9566

## NURSING\_HOMES

Baptist Convalescent Home  
419 North Hocker  
Independence, Missouri  
252-4019

Cable Rest Home  
1500 North Liberty  
Independence, Missouri  
252-7435

Catherine Hale Home for Blind Women  
2918 Tracy  
Kansas City, Missouri  
561-9550



John Knox Village  
Murray & W. O'Brien  
Lee's Summit, Missouri  
524-8400

Nichols' Nursing Home  
1041 Truman Road  
Independence, Missouri  
254-6533

Sky View Manor  
1400 North River Blvd.  
Independence, Missouri  
252-4597

Resthaven  
1500 West Truman Road  
Independence, Missouri  
254-3500

Windsor Estates Convalescent Center of Indep.  
10300 East Truman Road  
Independence, Missouri  
836-1250

## MOBILITY AIDS

K.U. Medical Center  
39th & Rainbow  
Kansas City, Kansas  
588-6600  
Low Vision Aids

G.E. Miller, Inc.  
484 South Broadway  
Yonkers, New York 10705  
Book butlers or book holders

Bernell Corporation  
314-316 South Eddy  
South Bend, Indiana 46617  
Bedspecs or prism glasses

American Foundation for the Blind  
15 West 16th Street  
New York, New York 10011  
(212) 924-2219  
Games, large print telephone dials,  
signature guides

American Printing House for the Blind  
1839 Frankfort Avenue  
P.O. Box 6085  
Louisville, Kentucky 40206  
Signature guides, various Braille devices,  
book holders

Opaque Systems, Ltd.  
100 Taft Avenue  
Hempstead, New York 11550

Bausch and Lomb  
Dept. 3219, P.O. Box 450  
Rochester, New York 14602  
Publish a "Readers and Magnifiers Catalog"

Bausch and Lomb  
2329 Bissonnet  
Houston, Texas

Catalog of Optical Aids (non-profit)  
New York Assoc. for the Blind (Lighthouse)  
111 East 59th Street  
New York, New York 10022

Telephone Pioneers of America

195 Broadway

New York, New York 10007

"A Guide to Aids Developed by the Telephone  
Pioneers of America"

Recording for the Blind

215 East 58th Street

New York, New York 10022

Records textbooks for blind students and  
adults seeking an education

International Guiding Eyes (IGE)

5431 Denny Avenue

North Hollywood, California 91603

Trains dogs and matches them to blind  
persons. Training and dogs provided  
without charge.

Seeing Eye

Washington Valley Road

Morristown, New Jersey 07960

Trains dogs and teaches blind persons to  
use such dogs



Leader Dogs for the Blind  
1039 South Rochester Road  
Rochester, Michigan 48063

Trains dogs to serve as guides and conducts  
a course of training for blind persons

Guiding Dogs for the Blind  
104 East 41st Street  
New York, New York 10017

Provides fully trained guide dogs and  
instruction in their use to deserving  
persons

Pilot Dogs, Inc.  
625 West Town Street  
Columbus, Ohio 43215  
727 Main Street  
Houston, Texas 78205

### EDUCATIONAL SERVICES

Department of Education  
P.O. Box 480  
Jefferson City, Missouri 65101

Mid-Continent Public Library  
15616 East 24 Highway  
Independence, Missouri  
836-5200

Talking Tapes for the Blind  
16 North Gore Avenue  
St. Louis, Missouri 63119  
(314) 968-2557

Hadley School for the Blind  
700 Elm Street  
Winnetha, Illinois 60093

Kansas School for the Visually Handicapped  
1100 State Avenue  
Kansas City, Kansas 66102

Mid-America Resource and Training on Aging  
5218 Oak  
Kansas City, Missouri 64112  
444-1121

Blue Springs Community Center  
200 North 14th Street  
Blue Springs, Missouri 64015  
229-8686

Buckner Community Center  
Buckner, Missouri  
249-5161

Library of Congress Services to Blind &  
Visually Handicapped  
1291 Taylor Street, N.W.  
Washington, D.C. 20542

Wolfner Memorial Library for the Blind  
and Physically Handicapped  
1808 Washington Avenue  
St. Louis, Missouri 63103

National Blindness Information Center  
1346 Connecticut Avenue, Northwest  
Washington, D.C. 20036  
(800) 424-9770 (Hotline)

Kansas City Association for the Blind  
1844 Broadway  
Kansas City, Missouri 64108  
421-5848

Kansas City Public Library  
311 East 12th Street  
Kansas City, Missouri 64108  
842-7559

Missouri School for the Blind  
3815 Magnolia Avenue  
St. Louis, Missouri 63110

Pioneer Community College  
Community Services  
560 Westport Road  
Kansas City, Missouri 64145  
753-4949

Howe-Press of Perkins School for the Blind  
175 North Beacon Street  
Watertown, Mass. 02172  
(617) 924-3434

Rehabilitation Institute  
3011 Baltimore Avenue  
Kansas City, Missouri 64108  
756-2250

Longview Community College  
500 Longview Road  
Kansas City, Missouri 64134  
763-7777

Tel-Med  
11:00 a.m. - 8:00 p.m. Mon. - Fri.  
9:00 a.m. - 5:00 p.m. Saturday  
474-1210



## EMPLOYMENT

Missouri Employment Agency  
15301 East 23rd Street  
Independence, Missouri  
836-8170

Jackson County Manpower (CETA)  
881-4421

Senior Community Employment Program  
20 West 9th, Room 518  
Kansas City, Missouri 64105  
471-1884

R.S.V.P. (Retired Senior Volunteer Program)  
Union Station, Room 151  
Kansas City, Missouri 64108

Telephone Pioneers  
Talking Book Repair Center  
6213 Holmes  
Kansas City, Missouri 64110

## FINANCIAL ASSISTANCE

A.A.R.P. Insurance Plans  
6500 N.W. Tower Drive  
Kansas City, Missouri  
741-9600

A.A.R.P. Tax Assistance  
Independence  
252-8588

Catholic Family and Community Services  
527 West 39th Street  
Kansas City, Missouri 64111  
756-2350

Community Services League  
112 West Lexington, Suite 206  
Independence, Missouri 64050  
254-0033

Division of Family Services (Welfare)  
Jackson County Office  
615 East 13th Street  
Kansas City, Missouri 64106  
274-6011, 274-6268, 274-6397

Division of Family Services (Welfare)  
Old Courthouse  
112 West Lexington  
Independence, Missouri 64050  
461-5800

Food Stamp Distribution Center  
Jackson County Welfare Division  
Independence, Missouri  
461-5800

Knights Templar  
Call courthouse to get information (health)

Project Encore  
1516 Grand Avenue  
Kansas City, Missouri 64108  
471-2808

Social Security Administration  
301 West Lexington  
Independence, Missouri  
254-6262

Medicare Information  
Blue Cross/Blue Shield  
531-4565

## HOUSING

Housing Authority  
210 South Pleasant Street  
Independence, Missouri  
833-0010

Heritage House  
666 North Spring  
Independence, Missouri 64050  
461-1303

Metropolitan Lutheran Ministry  
4240 Genesee  
Kansas City, Missouri 64111  
931-0037

### INFORMATION ON AGING

Kansas City Action Center  
City Hall, First Floor  
Kansas City, Missouri 64106  
274-2222

Mid-America Regional Council  
20 West 9th, 3rd Floor  
Kansas City, Missouri 64105  
474-4240

Council on Aging  
906 Grand Avenue  
Kansas City, Missouri 64106  
421-0771



Voluntary Action Center  
Eastern Jackson County Branch  
210 South Main  
Independence, Missouri  
836-8300

Voluntary Action Center  
Kansas City Metro Region  
Union Station - Room 120  
Kansas City, Missouri  
421-2565

Metropolitan Information and Referral Center  
(Project Info)  
Union Station  
Kansas City, Missouri  
421-4980

Jackson County Coordinating Council on Aging  
200 North 14th Street  
Blue Springs, Missouri

### LEGAL HELP

Jackson County Human Relations and  
Citizens Complaints  
308 West Kansas  
Independence, Missouri  
881-4494

Legal Aid and Defender Society  
319 West Kansas  
Independence, Missouri  
474-6750

K.C. Bar Association Lawyer Referral Service  
8030 Professional Building  
1103 Grand Avenue  
Kansas City, Missouri  
221-9472

## RECREATION

Senior Citizen Craft Shop  
Old Courthouse  
1st Floor, Room 106  
Independence, Missouri 64050  
461-0191

Grandview Parks and Recreation Department  
763-3900

Human Resource Corporation  
Northeast Area  
136 East Maple  
Independence, Missouri 64050  
254-3478

Outlet Store for Senior Citizens  
Old Courthouse  
Independence, Missouri  
461-0191

American Association of Retired People  
(National Association)  
2400 Pershing Road  
Kansas City, Missouri  
842-3959

Raytown Parks and Recreation  
5912 Lane  
Raytown, Missouri  
358-4100

Lee's Summit Parks and Recreation  
Lee's Summit, Missouri  
524-8200

Jackson County Parks and Recreation  
Lake Jacomo, Route 2, Box 408  
Blue Springs, Missouri  
795-8200, 753-6887

Independence Parks and Recreation  
Senior Citizens  
Independence, Missouri  
836-8564

Braille Nature Walk, Swope Park  
5600 East Gregory  
Kansas City, Missouri  
363-5096

Braille Trail  
Elephant Rocks State Park  
Graniteville, Missouri

Fragrance Garden  
Garden Center Loose Park  
5200 Pennsylvania  
Kansas City, Missouri  
561-9710

## TRANSPORTATION

Older Adults Transportation Service (OATS)  
Municipal Bldg., Room 204  
Sedalia, Missouri  
(816) 827-3000



Human Resources Corporation - Motor Pool  
136 East Maple  
Independence, Missouri  
254-3475

Human Resources Corporation - Motor Pool  
3205 Woodland  
Kansas City, Missouri  
923-7907

Human Resources Corporation - Motor Pool  
4204 East 135th Street  
Grandview, Missouri 64030  
761-5235

Human Resources Corporation - Motor Pool  
218 South Douglas  
Lee's Summit, Missouri  
524-9238

Medicab (equipped for wheel chairs)  
381-2242

American Red Cross  
404 North Liberty  
Independence, Missouri  
252-5450

Salvation Army  
532 South Main  
Independence, Missouri  
252-3200

Bishop Tours  
R.R. #5, Box 214  
Lee's Summit, Missouri  
524-3470

C.A.R.E. People, Inc.  
5400 Independence Avenue  
Kansas City, Missouri 64124  
483-5650

Kansas City Area Transportation Authority  
1627 Main  
Kansas City, Missouri  
471-6600  
Independence (reduced fare identification)  
254-3475

Golden Age Card  
Corps of Engineers  
Federal Building - 601 East 12th Street  
7th Floor, Room 716  
Kansas City, Missouri

Greyhound Bus (1 fare for handicapped &  
315 North Main their escort)  
Independence, Missouri  
252-0880

Helping Hand Service  
1111 Holmes  
Kansas City, Missouri  
221-2776

PERSONAL DIRECTORY

POLICE DEPARTMENT \_\_\_\_\_

FIRE DEPARTMENT \_\_\_\_\_

DOCTOR \_\_\_\_\_

HOSPITAL \_\_\_\_\_

AMBULANCE \_\_\_\_\_

NEIGHBOR \_\_\_\_\_







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A KEY TO INDEPENDENT  
LIVING: OPERATION IN-  
DEPENDENCE.

Date Due

(n.d.)


AMERICAN FOUNDATION FOR THE BLIND  
15 WEST 16th STREET  
NEW YORK, N. Y. 10011

